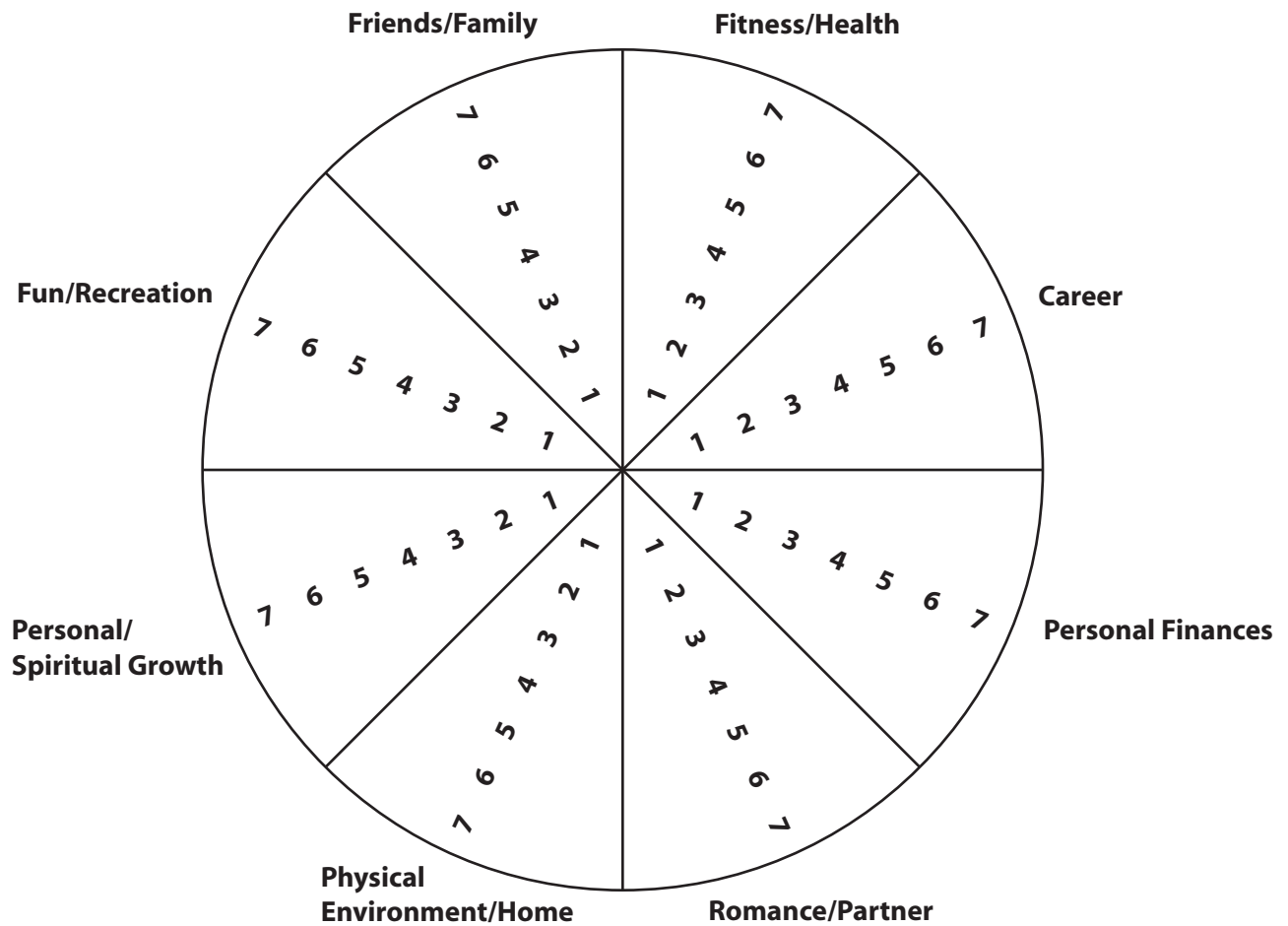




Life Balance Wheel

Within each of the following areas, circle the number that best represents your level of satisfaction in that aspect of your life.
(7 = completely satisfied, 1 = completely dissatisfied)



Now, connect the dots. Imagine how your car would travel if the wheels were in this shape!

Need more balance in your life? Contact info@two red chairs.ca